

# The Japan Lean Experience



Step into the heart of Lean excellence with C2U's immersive training in Japan – a transformative journey you'll remember for life. Discover insights you can apply the moment you return, and prepare to be energized, inspired, and pushed to new heights.

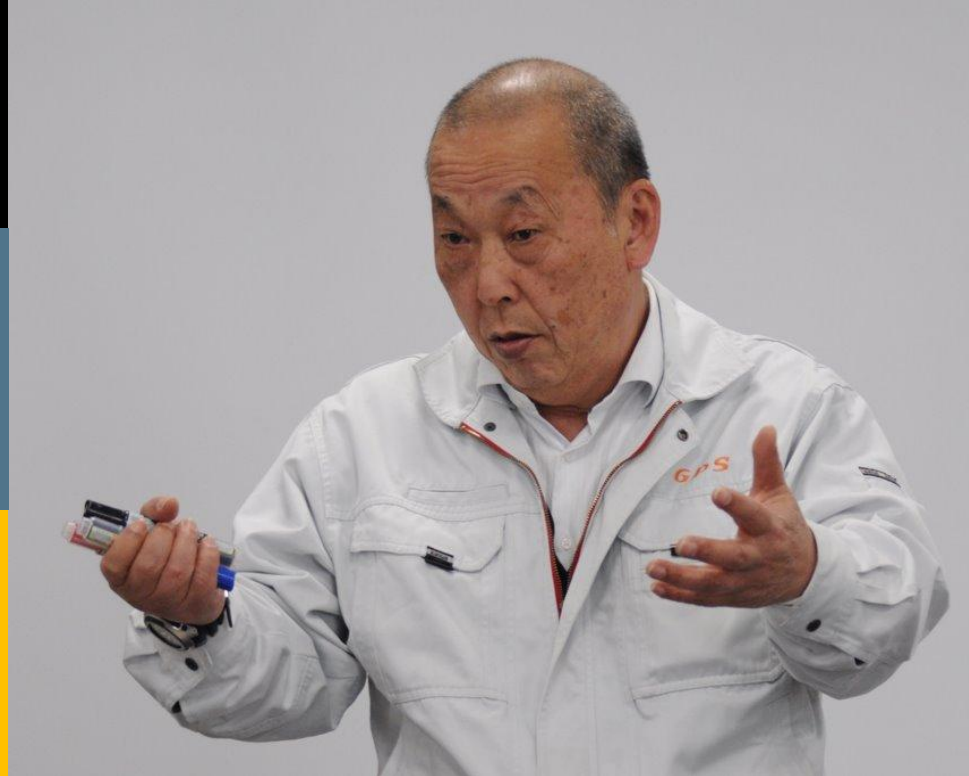
## What you bring home

- A deep, practical understanding of world-class production systems. You'll learn how to build processes that work in any industry – because the focus is on flow, not the product.
- Hands-on knowledge of Lean methods and tools. You'll see how they're used in real daily operations, and many of the techniques can be put to work in your own business immediately.
- A stronger, broader professional network. Connect with peers, experts, and practitioners who share your drive for continuous improvement.
- Fresh inspiration and renewed motivation. You'll return ready to tackle future challenges with new energy and a sharper perspective.

## Contact us

[info@c2ugroup.com](mailto:info@c2ugroup.com)

[www.c2ugroup.com](http://www.c2ugroup.com)



## You will visit companies like:

- Omron Corp.
- Denso
- Calbee Foods
- Mitsubishi Electric
- Asahi Breweries
- Nissan Motors
- Ishii Food Corp.
- Toyota Forklift
- Pfizer
- Honda Motors
- Yamaha Marine
- Asahi Motors
- Izusu Tokai
- Kashiwa Woodcraft
- Gifu Autobody
- Toyota Motors

**Duration: 9 days including travel**



To truly understand how to harness the full power of Lean, we offer a rare opportunity to travel to Japan and train directly with former Toyota Group managers. Guided by seasoned senseis with more than 30 years of hands-on experience, you'll learn through seminars, Gemba walks, and practical training inside Toyota's own facilities.

This program gives you a complete view of the production system and a deeper understanding of what it takes to implement and sustain Lean successfully. What are the essential elements behind a world-class Lean organization? You'll gain firsthand insight into how Japan's top companies stay competitive on the global stage.

Throughout the week, you'll collect countless ideas and concrete examples of continuous improvement that you can apply immediately in your own business. And of course, there will be time to enjoy the culture, cuisine, and unforgettable experiences that Japan has to offer.

*"Outstanding week that gives an eye-opener that will totally knock you! This is the training you need to put all puzzle pieces together to understand what Lean is originally about."* – Production Manager, **Scania CV AB**

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## Practical arrangements:

This is a door-to-door arrangement. Maximum 18 participants. First come, first served.

Package includes:

- 7 hotel nights in single rooms
- Local transports in Japan according to program
- Full board according to program
- Farewell dinner
- Course fee
- Practice at Lean Training Center
- Gemba visits
- Facilitator
- Interpretation (English or Swedish)

Excludes:

- Flight
- Travel insurance



*Feel free to extend your stay!*

## Contact:

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## Schedule for the week

### Saturday: Arrival day

Arrival in Nagoya, Japan. Accommodation included.

### Sunday: Tour Opening

We'll ease into the week with a flexible, unstructured morning — the perfect chance to recover from jet lag and settle in. In the afternoon, the program officially begins with an introduction to Japan, the schedule, and the experiences ahead. We'll end the day with a shared dinner and a warm kickoff to the week's training.

### Monday: Training

The first full training day opens with an introduction to the Production System from one of our hosts. A senior Japanese manager will guide us through the Toyota Production System from a leader's perspective — exploring values, mindset, and the practical tools and methods that bring Lean to life. This session sets the foundation for the week, preparing you for what to expect during the study visits, hands-on practice, and upcoming seminars. It's also where your understanding of the production system will be strengthened and expanded. In the afternoon, we head out for our first study visit, led by our sensei, followed by a Q&A session. The day concludes with a shared dinner and reflections from the group.

### Tuesday: Training

The next day, we dive even deeper into the production system and the Toyota approach to leadership and management. How do all the pieces fit together? How is Kaizen structured and carried out in practice? These are some of the questions we'll explore. After lunch, we shift our focus to flow, working hands-on with a simulated kanban process inside Toyota's own training center. If time permits, we'll also visit a traditional Japanese knife maker — a fascinating look at

craftsmanship and precision. The day concludes with a shared dinner.

### Wednesday: Training

We continue exploring the principles and tools that truly make a difference. Today's focus is on achieving process stability. Back at the Training Center, we'll work through a productivity-improvement exercise using Toyota's own methods and approach. After lunch, we head out for another Gemba visit to see these principles in action. The day wraps up with a shared dinner.

### Thursday: Training

Today we'll visit two remarkable companies in the Mie Prefecture. The first is a leader in innovation and continuous improvement, creating an inclusive workplace where every employee can thrive. The second specializes in fully bespoke products, demanding exceptional skill in time management and budget control. Together, these visits offer two very different — and highly inspiring — perspectives on excellence. We'll enjoy a shared lunch and dinner as part of the day's program.

### Friday: Conclusion

On our final day, we'll explore how the SDCA cycle works hand-in-hand with PDCA to secure quality and strengthen supplier engagement. We'll wrap up the training with group reflections and a summary of the week's key learnings before enjoying a relaxing visit to the Toyota Commemorative Museum of Industry and Technology. The day — and the program — concludes with a shared farewell dinner.

### Saturday: Tokyo

Free day/departure. Possibility to extend stay.